

A P R I L 2 0 1 1 - E D I T I O N 1 3

the

Ullr Bullrtin

Ullr Ski Lodge Perisher Valley



Alta Snow Monsters

Bonjour

“Whatever you want to do, do it now!

There are only so many tomorrows...”

Hi everyone, autumn is here and you can feel that change is in the air. We always get excited about the Australian Winter around about now...even though we've just spent a winter in Alp Duez France we will feel the same anticipation for that first Australian snowfall...we still look forward to clicking on the skis and seeing how many turns we can get in on Mt P, or how many runs we can do in a day, and with “snow making” improving every year there is always lots to entertain us at Perisher.



Check-out the Perisher website for all the news on the “My ride” ticketing system where you can pre-purchase and recharge your ticket on line, as well as organise equipment and lessons before you arrive.

We look forward to the new automated ticketing system this year, as well as the night lights on the slope style course in Front Valley...especially for those of you who enjoy night skiing (or watching from the Ullr dining room.)

But most of all, we look forward to seeing all of you again at the “Best Little Ski Lodge in Perisher”.

À bientô





Chairman's Report

Welcome back to Ullr as we all look forward to a fun 2011 season with big hopes for plenty of snow.

Robyn and Terry will be managing the Lodge again this season and will return to the Lodge in early June. In the meantime Robyn is taking bookings and rooms are filling fast. The new rates are in this Bullrtin and up on the Ullr website, as is the current room availability. Our rates are great value when you remind yourself of the wholesome breakfasts and delicious dinners we serve. Please note our tariff does NOT include lunch.

Jonathan Lillis has organised a working bee over the weekend of April 30 and May 1. Please let Jonathan know if you are able to participate in this fun working occasion.

The AGM will be held on Tuesday May 17 at 7.00 pm at the Crows Nest Centre. We welcome members' attendance to share views on how we raise the necessary funds to satisfy the demands of the National Parks Audit requirements and the changes/improvements needed to the Lodge over the next five years to maintain a safe and comfortable quality Lodge.

The Board members look forward to seeing you at the AGM and/or at the Lodge through the season.

Here's to great season

Best regards

Terry

Ullr Ski Lodge Co-Operative Society Limited

2011 Winter Accommodation Rates Per Person

	June 19 to July 02	July 03 to July 16 Per Week	July 17 to September 03 Per Week	September 05 to Close
Members	\$85	\$805	\$910	\$85
Members First Guest and Associates	\$85	\$1,120	\$1,260	\$85
Child Under 14	\$65	\$665	N/A	\$65
Guests	\$90	\$1,260	\$1,400	\$90

Notes:

1. Rates include Breakfast and Dinner. For further information ask the Booking Office.
2. All prices include GST.
3. All rates are Sunday night to Sunday night inclusive on a twin share basis.
4. Short weeks, split weeks and long weekends, are available from May 1 on request. Conditions and special rates apply.
5. For all short, split weeks a surcharge of \$20 per day per person for all categories applies.
6. For all bookings email Ullr Ski Lodge Booking Office: bookings@ullrskilodge.com.au.
7. Phone: 02 6457 5200 and Fax: 02 6457 5600.
8. Children under 2 years are no charge.
9. From June 19 to July 02 and September 05 to close, minimum 3-day bookings, special conditions apply. Confirm when making bookings.
10. For summer room rates and enquiries. Please contact the Ullr Ski Lodge Booking Office.

Get in early with your skiing bookings

So you don't miss out on the week you want. Our Lodge & Bookings Managers, Robyn and Terry will assist you at bookings@ullrskilodge.com.au.

Robyn & Terry have recently returned from a few months in France. So we all look forward with interest to this winter's menu.

Both breakfast and dinner is included (lunch is not provided) at Ullr Lodge if you don't come for the skiing come for the fine dining, the talk of Perisher Valley.

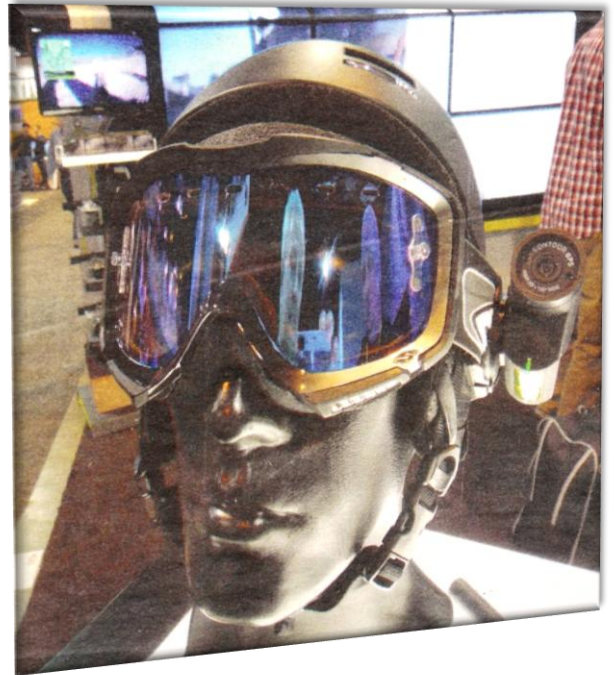
Zeal Optics Transcend GPS Goggles

When using the Transcend goggle you see a digital display in the lower corner under your right eye.

This dashboard screen can tell you your speed, altitude, outside temperature, vertical odometer, and all sorts of other cool stuff.

At the end of the day you can connect your goggles to your computer, and the GPS software will map out your day, displaying where you achieved the fastest and slowest speeds, specific vertical meters, individual runs, all of your runs combined, and tons of cool stuff I really cannot comprehend. Cost is more than \$400.

Available at Gorsuch. Visit www.zealoptics.com



The Snowshoe Shuffle



Perisher Ski Patrol

Stay “Safe in the Snow” with “SnowSafe’s Alpine Responsibility Code” rule number 7 of 10:

“Do not stop where you are not clearly visible from above. Look uphill and give way to others when entering/exiting a trail or starting downhill”

Know and observe the code: it’s your responsibility, and have great snow fun.

Pre-Season Fitness

It is strongly recommended that those going to the alps prepare themselves well in advance for their activity by participating in some form of pre-season fitness program to get fit to go skiing or boarding.

Skiing/boarding are high aerobic activities and require flexibility, strength, endurance, speed and quick reflexes. A pre-season fitness program will enhance your physical condition in these areas. By being fitter you will be able to ski/board longer, harder and

better on the more difficult slopes and trails. You will also lessen the chance of injury to yourself and other skiers/boarders.

In any fitness program, the following points are vital:

- start your training well before the ski season or your trip;
- training sessions must be regular and frequent – at least three times per week;
- always warm up before an exercise session. Children, as well as adults, will benefit from a pre-season fitness program.

‘RESPECT GETS RESPECT’

**FROM THE LIFT LINE,
TO THE SLOPES,
THROUGH THE PARK
AND THE RESORT**

Go Go SnowSafe

What exactly is snow?

*“Oh! The snow, the beautiful snow,
Filling the sky and earth below,
Over the housetops, over the street,
Over the heads of the people you meet,
Dancing,
Flirting,
Skimming along.”*

Snow can inspire poetry and brighten the eyes of snow sport enthusiasts. But it can a wreak havoc on roads and dampen travellers’ spirits. It can be a burden or a delight. However, I am confident that whoever you choose to ask will agree that the beauty of snow falling from the sky is unparalleled in nature.

What is snow? Silly question some might say, but over the past several years working with Walking Mountains, I have discovered the unique and complex world of snow. I cannot claim that I am an expert, but I consider myself more than a novice and in this short article, I can only skim the surface of the intriguing world of snow. My goal is simply to extend



my appreciation of the cold white stuff we see in the sky and on the ground for so many months out of the year here in the mountains.

One definition of snow is: precipitation in the form of small white ice crystals formed directly from the water vapour of the air at the temperature of less than 0 degrees Celsius.

After studying and teaching snow science to a variety of age groups, it is far more complex than that. When you ask a third-grader what is snow, you get a variety of responses – “it’s cold and wet,” “its yucky,” “it tastes good,” “stay away from yellow snow” and then occasionally you will get “it’s frozen water!” Depending on whose perspective, all of these answers are correct!

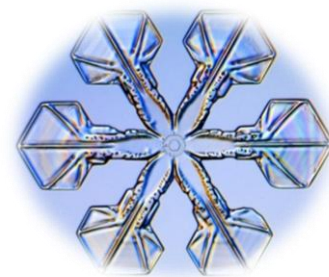
With younger students, at first it takes some serious enthusiasm on our part to get them excited to study snow, but once they begin to see how snow crystals form, how different snow can look and even how it continues to change when it hits the ground, it becomes more than just something fun to have a snowball fight in or use to build a snowman.

Snow forms when water vapour cools inside clouds. In simple terms, we give students three components that must be present for snow to form: one, a nucleating particle or, in the third-grade language, a dust particle; two, water vapour; and, three, below-freezing temperatures. What is fascinating about snow is that temperature, air currents and humidity can influence the shape and size of the snow crystals that form, making it possible for the statement “no two snowflakes, look the same’ to be true.

There are many types of snow crystals, but for the purpose of working with young students we often focus on four broad categories: plates, needles, columns and dendrites. Most often, six-sided hexagonal crystals form in

high clouds, needles or flat six-sided crystals form in middle height clouds and a wide array of six-sided crystals form in low clouds. Colder temperatures allow for more intricate snow crystals to form such as dendrites and sector plates, while warmer conditions allow snow crystals to grow more slowly, which causes shapes to be smoother and less intricate, such as columns, needles and thin plates. You can begin to understand just how complex snow is when you hear the many environmental factors that influence the snow falling through our sky, not to mention that once it hits the ground the snow metamorphoses even more causing potential instabilities in our snowpack.

One of our greatest teaching tools is to be able to take kids out of doors and have them make up close observations of the snow. I encourage anyone who



recreates in the snow, admires snow or even loathes the snow to take time to learn more. In Eagle Country, it is not only aesthetically appealing for some, but allows for our local economy to thrive and serves as the source of water for more than just the individuals living in this valley.

For additional resources, visit www.snowcrystals.com

Courtesy: Gina Garrett

April/May Pre-Season Working Bee



The Ullr Ski Lodge pre season Working Bee has been scheduled for the weekend of 30 April to 01 May 2011. So come on down for a great weekend at Ullr Lodge Perisher Valley.

All members, friends, guests and families are invited. The Working Bee is a well-managed and coordinated fun weekend. There is no charge for accommodation at Ullr Lodge for the Working Bee. **Park entry is also free.** The weekend is a self-managed and self-catered arrangement. All linen/bedding and towels will be provided. You will be responsible for providing your own food and supplies. If you would like to make a long weekend of it, stay for the Friday and/or Monday.

Please email me at: jon@ullrskilodge.com.au and let me know who will be coming, thank you.



Too much to bear – Canyons Ski Resort



The best little ski lodge in Perisher Valley

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Please remember to update your contact details if they have changed, thank you.

Should you wish to unsubscribe to the Ullr Ski Lodge mailing list let us know, thank you.



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