

OCTOBER 2010 – EDITION 13

the

# Ullr Bullrtin

Ullr Ski Lodge Perisher Valley



*One Perfect Snow Day – Perisher Valley*  
Photo courtesy John Melville

## Chairman's Report – October 2010



*Terry Hughes*

Here we are at the end of another season. The snow in July was a mixed bag and then we had great falls in August and September. Members and guests enjoyed the Lodge right through to the end of September.

Our new Managers Robyn and Terry provided wonderful cuisine and made us feel so welcome and comfortable. The really good news is that the Board have appointed Robyn and Terry as managers for next season and beyond.

The “Bees” are at it again. The weekend of October 23 & 24 will be a fun time and an opportunity for members, guests and friends of Ullr to join the working bee organised by Jonathan Lillis. There are many tasks to be completed and vacancies exist for willing workers.

The “End of Season” function is on again at Nu's Restaurant in McMahons

Point on Thursday November 18. This is a great venue and the last two years have been a terrific success. See more details later in this edition of the Bullrten. Please make an effort to join us. You won't be disappointed.

Have you visited our new website? Thanks to Associate Member Michael Soden for the many hours he spent developing this along with input and guidance from Secretary Jonathan and a couple of others.

My thanks to all members and guests who supported the Lodge this winter and a special thanks to the untiring efforts of Board members, Gae, Jonathan, Doug and Ray.

We wish you and your families a very happy Festive Season.

Warmest greetings  
Terry

## 2010 End of Season Dinner Party

The dinner party will be held on Thursday 18 November 2010 at "Nu's" restaurant, 178 Blues Point Road, McMahon's Point, phone 02 9954 1780. All members, guests and friends are invited along at 7.00pm for 7.30pm.

A 3-4 course set menu meal will be served, with beer and wine - all for \$65.00 per person. There will be three door prizes. It will be a great night at one of Sydney's well-known restaurants. If you could not make it last year make it a date in November.

Please RSVP by Friday 5 November to Jonathan Lillis on 0417 027 608, or email on [jon@ullrskilodge.com.au](mailto:jon@ullrskilodge.com.au) with subject line "Ullr Ski Lodge Dinner".



## Ullr Ski Lodge Managers 2010 / 2011

Winter 2010 produced some fierce blizzards. But it also delivered some beautiful days with crisp temperatures, blue skies, and snow quality that left us all wanting more.

Perisher Resort did a great job with early season snow making providing access to Mount Perisher, Blue Cow and Front Valley. Nature took over in August and didn't stop, with snow showers falling until the end of the season. The last half of the season produced some really memorable days and spring skiing was perfect for mums, dads and the kids.

Thank you to all of you for making our first Season at Ullr so special. It was just a pleasure to get to know you and to look after you. This season we were finding our way, and next year we hope we can make your experience at Ullr even better. You are all a part of a very special ski lodge in an amazing landscape unique to Australia, and we feel privileged to share it with you.

Until next year... take care of yourselves

Robyn and Terry  
Robyn and Terry

## October End of Season Working Bee



The Ullr Ski Lodge end of season Working Bee has been scheduled for the weekend of 23 to 24 October 2010. So pencil it in the diary for a great weekend at Ullr Lodge Perisher Valley.

All members, friends, guests and families are invited. The Working Bee is a well managed and coordinated fun weekend. All accommodation at Ullr Lodge for the Working Bee is at no charge, **Park entry is also free.** The weekend is a self-managed and self-catered arrangement. All linen/bedding and towels will be provided. You will be responsible for providing your own food and supplies. If you would like to make a long weekend of it; stay for the Friday and/or Monday.

Please email me at: [jon@ullrskilodge.com.au](mailto:jon@ullrskilodge.com.au) and let me know who will be coming. Thank you.



*OK, which way now guys?  
On to the "Ullr" Working Bee!*

# Stay “Safe in the Snow” with SnowSafe’s Alpine Responsibility Code Rule Number 6 of 10

“Give way to people below and beside you on the hill.  
It is your responsibility to avoid them”

**Know and observe the code: It’s your responsibility, and have great snow fun**

## **SNOWBOARDING EQUIPMENT**

Snowboards can be hired both on and off the mountain and are fitted with either plate or high back bindings. Whilst clothing requirements for snowboarding are basically the same for alpine skiing, special boots and gloves are worn. Wrist guards are essential. Helmets should also be worn by children, novices and experienced riders.

## **BOOTS**

A wide range of boots can be used when riding a snowboard. The type will depend on the style of bindings fitted to the board. With high back bindings any warm waterproof boots with a moderate degree of firmness can be used. Boards with plate bindings require specially designed boots.

## **GLOVES & WRIST GUARDS**

When snowboarding, the hands often come in contact with the snow, therefore your gloves should be waterproof and of a sturdy construction. To reduce the risk of wrist

injuries, it is strongly recommended that snowboarders wear wrist guards. This is particularly important for children and novices.

## **RETENTION DEVICES**

Retention devices should be used at all times, even when the snowboard is not being used. When the snowboard is not in use, lay it down on its side and ensure that the leg strap is attached to a pole so that the board cannot run away if knocked or caught by the wind.

## **ICE HAZARDS**

Icy conditions are particularly hazardous for snowboarders. Novice snowboarders should avoid boarding in icy conditions.

**‘RESPECT GETS RESPECT’**

**FROM THE LIFT LINE, TO THE SLOPES, THROUGH THE PARK AND THE RESORT**

**Go Go SnowSafe**

## The Ullr Story

If you have ever wondered about the Tradition of the Ullr, then you may take delight in reading the article prepared by Wendy Cross for the 1966 (July) Ski Australia magazine and reprinted below.

### The Tradition of the ULLR

By **Wendy Cross**  
Ski Australia, July 1966

When I first went skiing six years ago, one of the first things I noticed about skiers was that many of them wore on their parkas quaint little medallions bearing the mysterious letters ULLR.

To being with, I assumed that the medallions had some religious significance. However a closer inspection showed the figures engraved on them had more of a pagan, than a Christian aspect. Then someone told me they were skiers' good luck charms. I'd seen them in ski shop windows, so naturally I wanted to rush right off and buy one. Fortunately, a more experienced friend stepped in and explained that according to tradition, ULLRs must never be bought – they must be given to you.

Since that time, I have acquired an ULLR of my own – about which I shall tell you in a moment – and I have been sufficiently intrigued to conduct a little research into the subject. Here are my findings.

First, there is an air of mystery surrounding the wearing of ULLR and indeed the origin of ULLR himself. As far as I can ascertain, ULLR was one of the old Norse gods, and a big, burly bearded gentleman (weren't they all?) whose speciality was looking after skiers who had to make long journeys. As



everyone knows, skis went out of fashion from the time of the gods until 1860's and it therefore seems safe to assume the ULLR met a similar fate. Somewhere during the last century, though, he came back into fashion. Just when, or why, skiers began wearing the medallions, is something I cannot discover. I would like to hear from anyone who can shed some light on this.

Anyway, some people say that the letters ULLR have little to do with the Norse god, and are actually the initials of four words in ancient Germanic which, when translated, means, "There Can Be No Sins on the Mountain". Interpreted, this would mean that as long as you're above four thousand feet, Jack, anything you do is OK! The ski instructor's version runs something more like, "Dellink, vy are you not Nize to me?"

As I was told six years ago, you must never buy your own ULLR. It must be given to you by a friend or lover. Ideally, it should be given as a gift of love. Unfortunately, in our beloved mountains it is more often given as a gift of seduction. It was in this way that I acquired my own. The whole situation revolved around a black and white calfskin rug, but more than that I am not prepared to say, except that the gift was in vain.

ULLRs can be worn almost anywhere. Mostly they are attached to the zipper on ski pants, but they go equally well on parkas.

Women wear them on bracelets or round their necks on chains. Men attach them to key rings and even use them as bottle openers.

But whether they really work is another thing. All I know is that I have been wearing mine for five seasons and so far, I have not hurt myself. Except on one occasion three years ago, when I strained an elbow, I was NOT wearing my ULLR that day.



*From the Deck - 2010*  
Photo courtesy *Robyn Collier*



The best little ski lodge in Perisher Valley  
Cosy Intimate Unique

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**New Memberships**  
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Please remember to update your contact details if they have changed.

Should you wish to unsubscribe to the Ullr Ski Lodge mailing list please let us know, thank you.



**Ullr Ski Lodge**  
**Perisher Valley**